



current sermon series:

# THE TEN COMMANDMENTS

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# Exodus 20:8-11

“Remember the Sabbath day, to keep it holy. <sup>9</sup> Six days you shall labor, and do all your work, <sup>10</sup> but the seventh day is a Sabbath to the Lord your God. On it you shall not do any work, you, or your son, or your daughter, your male servant, or your female servant,

# Exodus 20:8-11

or your livestock, or the sojourner who is within your gates. <sup>11</sup> For in six days the Lord made heaven and earth, the sea, and all that is in them, and rested on the seventh day. Therefore the Lord blessed the Sabbath day and made it holy.

# The Ten Commandments

The law of the Sabbath is the sign of the Mosaic Covenant and the summary command regarding the ceremonial laws that are to be kept by the Jewish people.

This command has been kept and fulfilled by Jesus and therefore is not binding upon New Covenant believers.

# The Ten Commandments

The principle of the Sabbath is rooted in the created order. It has been exemplified by God, a pre-fall blessing for all mankind to enjoy and a foretaste of a future eternity with Jesus.



# The Ten Commandments

Why the Sabbath is no longer binding on New Covenant Believers?

1. Clear teaching in the New Testament

# Colossians 2:16-17

Therefore let no one pass judgment on you in questions of food and drink, or with regard to a festival or a new moon or a Sabbath. <sup>17</sup> These are a shadow of the things to come, but the substance belongs to Christ.

## Romans 14:5-8

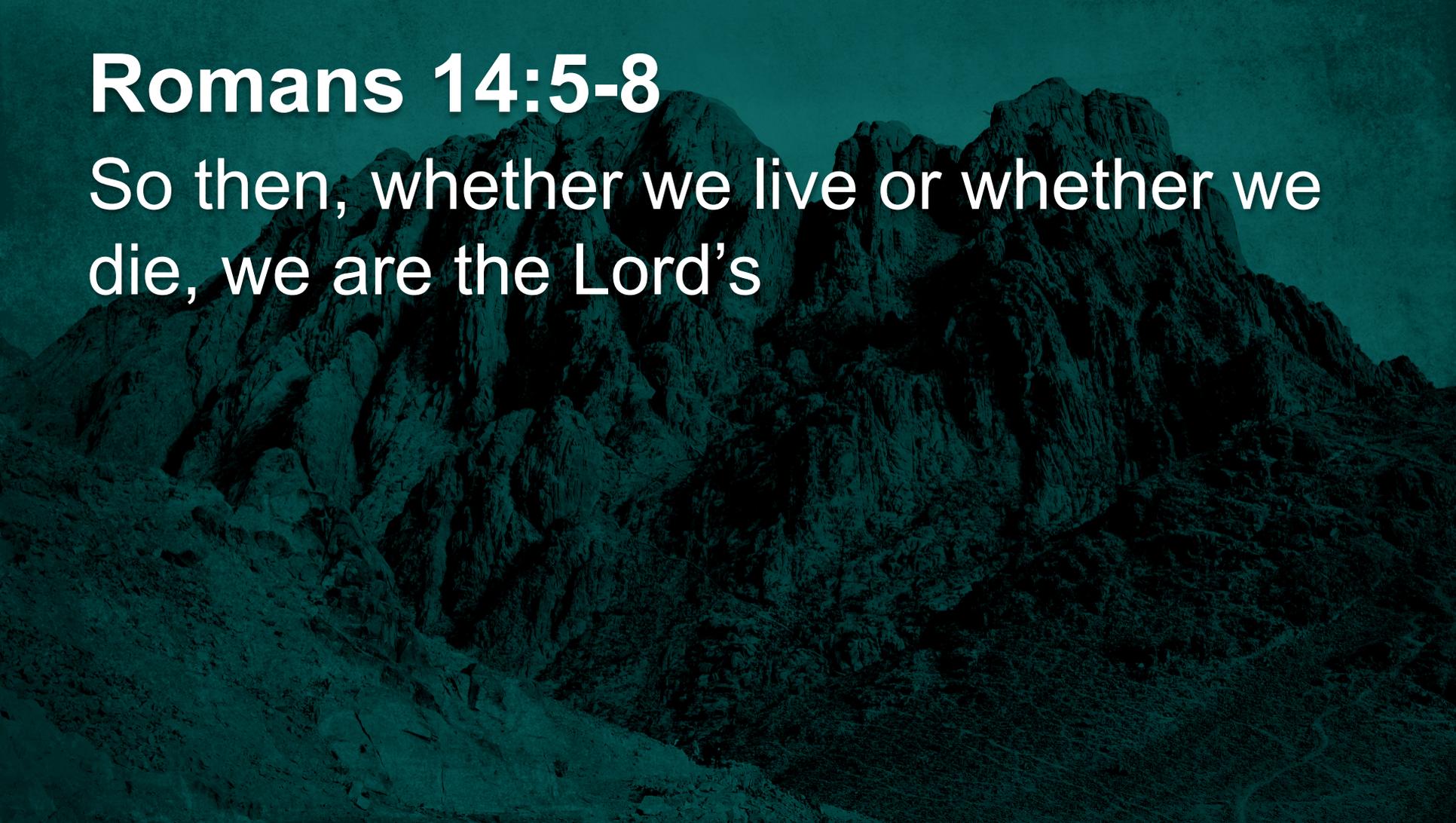
One person esteems one day as better than another, while another esteems all days alike. Each one should be fully convinced in his own mind.<sup>6</sup> The one who observes the day, observes it in honor of the Lord. The one who eats, eats in honor of the Lord,

## Romans 14:5-8

since he gives thanks to God, while the one who abstains, abstains in honor of the Lord and gives thanks to God. <sup>7</sup> For none of us lives to himself, and none of us dies to himself. <sup>8</sup> For if we live, we live to the Lord, and if we die, we die to the Lord.

# Romans 14:5-8

So then, whether we live or whether we die, we are the Lord's



# The Ten Commandments

Why the Sabbath is no longer binding on New Covenant Believers?

1. Clear teaching in the New Testament
2. The New Testament never commands believers to observe the Sabbath

# The Ten Commandments

The principle of the Sabbath is rooted in the created order. It has been exemplified by God, a pre-fall blessing for all mankind to enjoy and a foretaste of a future eternity with Jesus.



# Matthew 11:28-30

Come to me, all who labor and are heavy laden, and I will give you rest. <sup>29</sup>

Take my yoke upon you, and learn from me, for I am gentle and lowly in heart, and you will find rest for your souls. <sup>30</sup>

For my yoke is easy, and my burden is light.”



# The Ten Commandments

Sabbath was mostly about rest, but the Lord's Day is mostly about worship.



# The Ten Commandments

External: Ceasing from ordinary tasks in order to meet with God

Internal: Ceasing from self-sufficiency in order to rest in God's grace